



Family Connection II Program



Division of Child and Adolescent Services
Community Mental Health Affiliates, Inc.
969 West Main Street
Waterbury, CT 06708
(203) 596-9724

The **Family Connection II Program** is an intensive outpatient program operated by Community Mental Health Affiliates, Inc., (CMHA). It is part of the continuum of care CMHA offers to children and adolescents in Waterbury and New Britain.

Family Connection II supports children, adolescents and their families in avoiding hospitalizations, making the transition from an inpatient admission, and in improving functioning at home, school and in the community.

The program stabilizes and treats children who are:

- Lacking impulse control
- Assaultive or violent
- Truant or school avoidant
- Depressed or suicidal
- Psychotic or thought disordered
- Victims of trauma, abuse or neglect

A trained team of specialists (psychiatrist, social workers, family therapists and mental health workers) provide an all inclusive, structured after school program, within a brief treatment, family systems model.

CMHA's Family Connection II Program provides

- Children (ages 6-9)
- Intensive outpatient level of care (three hours per day)
- Psychiatric and medication management services
- Weekly intensive family and individual therapy
- Daily group therapies
- Comprehensive behavior modification
- Life skills and therapeutic recreation
- 24 hour/7 days per week crisis services
- Case management and linkage to school, Court, DCF, etc.
- Bilingual/Bicultural staff
- Year-round programming
- Referrals to next level of care

About CMHA Child & Adolescent Services

CMHA provides comprehensive behavioral health services to children, adolescents and families of central Connecticut. CMHA is a private, non-profit (501-c-3) corporation. Services are available to all families without regard to race, religion, ethnicity or physical handicap. Many health insurance plans are accepted. All client information is held in strict confidence.